

ESSEC Asia-Pacific Student Life



Welcome to the wonderful world of Student Life at ESSEC AP!

Dear Students,

Welcome to ESSEC AP. Student Life at ESSEC AP is *a commitment, an experience, and a team adventure*. The abundance and dynamism of student life at ESSEC is becoming more and more of a significant characteristic of each ESSEC student's experience because the student life experience materializes the pioneering spirit inscribed in front of the school.

The pioneering spirit, it is the commitment, the action that is acquired to complete the theoretical formation. It is the first step to reach the professional world but also to reach the courageous, free and responsible life that everyone aspires to. It is materialized by the desire to participate to activities, take responsibility and to imagine new ways to involve others.

It is also the experience that consolidates the development and reinforce the useful learnings that will be indispensable throughout our life, to be prepared to overcome any challenges to reach our goals.

Finally, it is the adventure that is remembered because it is lived as a team. Alone, the adventure remains unfulfilling. Collectively, it finds solutions that it applies to reach a better result, obtained thanks to each and everyone's abilities and strengths.

Because it fulfils these three dimensions, the student life experience becomes a memorable part of a student's life.

I look forward to your active participation in Student life at our campus and contribute to campus vibrancy.

"If you want to build a ship, don't drum up the men to gather wood, divide the work, and give orders. Instead, teach them to yearn for the vast and endless sea."
— Antoine de Saint-Exupéry

Thank you!

Thanneermalai Lakshmanan (Thanneer)

*Senior Manager, Campus Experience,
ESSEC Business School, Asia-Pacific*

AN INTRODUCTION TO STUDENT LIFE AT ESSEC AP

Student Life is a core experience of any undergraduate or postgraduate student's out of classroom experience. Here at ESSEC AP, we do our best to support our students to achieve the following objectives.

Objectives

1. Inculcate planning, organizing and leadership skills in students via student life activities.
2. Interact and immerse into the Singapore environment - arts, culture, sports, outdoors, community service, etc.
3. Make ESSEC a fun place to learn, to organize activities, to make friends, and to be.

Student Leadership

Student Leadership at ESSEC AP consists of representative from each cohort who are either elected or appointed. These include:

1. GBBA Student Council
2. GBBA Sports Council
3. GBBA Arts Council
4. Bureau de Etudiant (BDE) and Bureau de Sports (BDS) for GMBA
5. BDE and BDS for Masters in Management (MiM)
6. BDE and BDS for Advanced Masters in Business (SMIB)
7. BDE and BDS for Masters in Finance (MMD)
8. BDE and BDS for Masters in Marketing (MMD)

Student Activities are grouped into 4 categories

1. Interactions, Competitions & Entrepreneurship (ICE)
2. Arts, Culture and Media (ACM)
3. Sports, Outdoors and Wellness (SOW)
4. Community Service (CS)

List of Student Organisations

Student Organisations are divided into Clubs, Interest Groups and Activities

Club	Broadening Thinking Club	ICE
Club	Marketing Club	ICE
Club	ESSEC Life Sciences	ICE
Interest Group	ESSEC Merch & Entrepreneurship	ICE
Interest Group	Consulting Club	ICE

Club	Music Assn – ESSEC Band	ACM
Club	Chinese Society	ACM
Club	ESSEC India	ACM
Interest Group	Dance Association	ACM
Interest Group	Drama Club	ACM
Interest Group	Photography Club	ACM
Interest Group	Writing Club (School Magazine)	ACM
Interest Group	Fashion Club	ACM
Club	Football	SOW
Activity	Badminton	SOW
Activity	Basketball	SOW
Activity	Running	SOW
Activity	Boxing/MMA	SOW
Activity	Yoga & Meditation	SOW
Club	Volunteering	CS

Recurring Activities

Some activities happen on a regular basis, usually weekly. These include

1. Art Class
2. Band Jamming
3. Dance Classes
4. Drama Practice
5. Guitar Lessons
6. Photography Outings
7. Philosophical Debates
8. Football Practice
9. Badminton Practice
10. Basketball Practice
11. Boxing/MMA Practice
12. Rugby Practice
13. Running
14. Yoga Classes
15. Volunteering



STUDENT ORGANISATIONS - INTERACTIONS, COMPETITIONS & ENTREPRENEURSHIP (ICE)

Broadening Thinking Club

The Broadening Thinking Club gathers participants into debates and exchanges of ideas on cutting-edge topics. Debates take place on campus once every 2 weeks. Follow upcoming events at our [Facebook page](#).

For more info, please contact Maxime Johanet at B00766316@essec.edu



ESSEC Merch & Entrepreneurship

The ESSEC Merch & Entrepreneurship Club will order ESSEC Merchandise to meet students' needs such as T-shirts, jerseys, caps, mugs and other collateral. It also promotes entrepreneurship among students via seminars, workshops, visits and projects. For more info, please contact Alex Loo B00754528@essec.edu or Shyla Middha B00765481@essec.edu

Marketing Club

The Marketing Club will provide you an opportunity to learn about Marketing. Advertising, Selling, and delivering products to consumers or other businesses that are key activities to marketing. Hence, practicing marketing, sharing expertise and networking through workshops, conferences are our missions! For more info, please contact Leopold Matthieu at B00770773@essec.edu





ESSEC Life Sciences

ELS brings together students interested in life sciences and their business applications. We promote the image of ESSEC as an institution that produces future world-class life sciences leaders who have an impact on the business of healthcare. This mission is achieved by providing educational, networking, and recruitment opportunities for its members. For more info, please contact Laura Achach at B00770730@essec.edu or visit our [website](#).

Consulting Club

Attracted by the consulting world? The Consulting Club will allow you to not only discover Strategy, but also to prepare yourself for interviews. Cracking cases, meeting with prestigious Consulting companies, networking are what this club offers. Don't hesitate anymore and join us! For more info, please contact Giorgio Crisci at B00768051@essec.edu



Inter-College Competitions & events, Public Speaking and Debating

ESSEC is part of a B-school league with NUS B-School, Nanyang B-School (NTU), INSEAD, SMU and SP Jain. So, as a student, you will also get numerous opportunities to participate inter-college competitions and events like MBA Olympics and TATA Campus Quiz. Also, Campus Life organizes Public Speaking and Debating workshops, practices and competitions for you to enhance and master your oratory skills.

STUDENT ORGANISATIONS - ARTS. CULTURE AND MEDIA (ACM)

Music Association – ESSEC Band

Do you love music? Do you play with an instrument? The ESSEC Band unites talents who animates the campus through concerts! Don't miss any news about us by liking our Facebook page: <https://www.facebook.com/Music-Association-Essec-Asia-Pacific-107898120624064/> For more info, please contact Charlotte Meyer at B00764547@essec.edu



Dance Association

We are passionate about dance! If you are a classical, rock, salsa, hip hop, modern jazz or whatever dancer, we can't wait to meet you and #DANCE. We also offer subsidized dance classes by professionals.

[Here](#) is our first dance production. We would love to produce another one with you! Please contact Emilie Moragues at B00773612@essec.edu for more info.



Drama Club

Want to make your wildest dreams turn into a reality? Here, you will be able to boost your confidence, open yourself to others with more ease, receive training from a professional theatre instructor, and most importantly enjoy yourself. A final play will be presented at the end of the Second Semester.

Please visit our [Facebook group](#) or contact **Louise Depuydet** at B00773780@essec.edu for more info.





Writing Club (School Magazine)

The Writing Club create and publishes the student-run (unofficial) ESSEC AP School Magazine, LionLights, a magazine each student can relate to. Fun but also committed. It is place representing ESSEC students to share about non-academic matters and meet as many unique personalities and styles as possible. For more info, please contact Ranjana Raghavan at B00757256@essec.edu

Photography Club

Photography Club provides students with the opportunity to learn photography from a legendary Singapore photographer, and explore photography around Singapore from street photography to night photography and learn the art of Photoshopping. For more info, please contact Corentin Broye at B00773597@essec.edu



THE CLIQUE

MAGAZINES
PHOTO SHOTS
JOURNALISM
INTERVIEWS

"The Clique is founded to inspire students to express their individuality through arts & fashion."

We are a dedicated team of students pursuing our passions in writing, photography, and arts, by challenging and giving our honest opinion on the latest fashion and lifestyle trends.



Fashion Club

The Fashion Club provides a platform for ESSEC students to showcase their creativity and artistic vision through fashion projects. There is an online magazine, Instagram, blog articles, photoshoots, attendance to fashion events, and visits of exhibitions. For more info, please contact Alice Bonnet at B00773878@essec.edu

Chinese Society

Chinese Society is mainly for organizing cultural events and festival celebrations on the campus which includes annual Chinese New Year & Mid-Autumn festival celebrations. Sharing Chinese culture is our mission! For more info, please contact **Siyi Chen** at B00733977@essec.edu



ESSEC India

ESSEC India's aim is to familiarize ESSEC students with Indian culture and diaspora through events such as Deepavali (Diwali), Pongal (Makar Sankranti) and Holi celebrations. Follow us on our [FB Page](#) For more info, please contact Medha Thakkar at B00771270@essec.edu

Singapore Discovery: Festivals, Sights & Cuisine; and Wine Tasting

Campus Life organizes numerous outings to discover the ethnic enclaves e.g. Chinatown & Little India; explore local cuisine and celebrate numerous festivals on campus. We also organize Wine Tasting sessions to initiate students to oenology where they will learn how to taste a wide range of refined wine.



STUDENT ORGANISATIONS - SPORTS, OUTDOORS AND WELLNESS (SOW)



Football

The ESSEC AP Football Club represents us at the FAS sanctioned ESPZEN League, where we were runners-up in our Division last season. If you're keen to play football, please contact Jai Varma at B00713936@essec.edu

Badminton

Our newly formed Badminton team holds weekly practice on the weekends to hone their skills, prepare for inter-varsity competitions, and most importantly have fun. If you are keen to join them please contact Rayhan Muammar at B00677736@essec.edu



Basketball

Basketball has been one of the first student activities at ESSEC AP. The team holds weekly practice on the Saturdays at NUS Bukit Timah or LaunchPad to sharpen their skills, prepare for inter-varsity competitions, be healthy and enjoy themselves. If you are keen to join, please contact Rodel Fernando at rodel.fernando@essec.edu

Boxing / MMA

We have an active combat sports community at ESSEC AP and they spar weekly at Fight G, where we have special rates. So, if you are interested in Boxing, MMA, Muay Thai, Brazilian JiuJitsu or just sparring, you can join us.

For more info, please contact Romain Latry at B00773942@essec.edu



Running

The purpose of ESSEC Running Club is to bring together all ESSEC students, staff and alumni to pursue their passion to run. We organize weekly running sessions around the campus and also participate in races around Singapore. For more info, please contact Nina Schirmacher at b00682194@essec.edu

Yoga & Meditation

We practice Yoga to encourage healthy lifestyles, relieve stress and tension, heal physical and mental injuries, and reconnect with ourselves. Starting this term, we will be offering weekly Yoga classes for FREE on campus. We will also offer Meditation courses on campus. For more info, please contact Thanneer at lakshmanant@essec.edu





Hiking

Campus Life organizes monthly hikes to Singapore nature parks like MacRitchie Reservoir Park, Bukit Timah Nature Reserve and Southern Ridges; both to explore Singapore's parks and to promote a healthy lifestyle. For more info, please contact Thanneer at lakshmanant@essec.edu

Cycling

Campus Life also organizes regular cycling trips to Pulau Ubin, a small offshore idyllic island, which is one of Singapore's best outdoor adventures; and East Coast Park. For more info, please contact Thanneer at lakshmanant@essec.edu



Watersports

Campus Life organizes regular watersports activities as well. These include Kayaking Orientation, Dragon Boat Orientation (which is sometimes part of Induction activities) and Windsurfing Orientation. For more info, please contact Thanneer at lakshmanant@essec.edu

STUDENT ORGANISATIONS - COMMUNITY SERVICE (CS)

Community Service or Volunteering is one of the core activities of ESSEC AP Campus Life. We believe that volunteering one's time for a good cause benefits both the recipient and the volunteer. Over the last 2 years, Campus Life together with students have created regular volunteering opportunities with the following organizations.

Aidha

Offers courses for domestic helpers
<https://www.aidha.org/>

Dignity Kitchen

Hawker Training School for the disabled.
<https://projectdignity.sg/>

PSE Cambodia

Children's organization in Cambodia
<https://www.pse.ngo/>

Sree Narayana Mission Home

Senior citizens nursing home
<https://sreenarayanamission.org/>

Willing Hearts

Provide daily meals and other support services to the poor and needy
<https://www.willinghearts.org.sg/>

For more info, please contact
Thanneer at
lakshmanant@essec.edu



ESSEC AP CAMPUS EXPERIENCE ANNUAL EVENTS

At ESSEC AP, several significant student events are celebrated throughout the academic year. Jointly organized by students, staff and faculty, they provide ESSEC students with memorable and fulfilling experiences outside the classroom.

INDUCTION EVENTS



New undergraduates are inducted into ESSEC AP, including its unique culture and values during the fun-filled Induction Week that includes seminars, workshops, camping, outdoor BBQ and a Dragon Boat Orientation.

GLOBAL VILLAGE @ ESSEC ASIA PACIFIC



Global Village @ ESSEC AP is the biggest celebration of cultures from around the world. Students showcase their nations through singing, dancing, food, customs, costumes, music and traditions. Global Village encourages social sustainability, world awareness, and cultural understanding among the ESSEC Community. The next Global Village is scheduled on Wednesday, 16th September 2020. More details will be communicated closer to the date

STUDENT LIFE FAIR / L'EXPOSITION @ ESSEC AP



Student Life Fair / L'exposition (French for The Exhibition) is ESSEC AP's annual co-curricular activities fair where more than 30 student organisations come together to showcase what they have to offer to students, and serves as the primary recruitment tool for student organisations. The next Student Life Fair is scheduled on Thursday, 1st October 2020. More details will be communicated closer to the date. If you would like to participate as an exhibitor, please contact lakshmanant@essec.edu

ESSEC VOLUNTEERING DAY



ESSEC Volunteering Day (EVD) is an initiative designed to raise awareness about the importance of volunteerism. Through this initiative, ESSEC encourages its students, staff, faculty and corporate partners to volunteer for a variety of causes around Singapore on the same day to create a big impact; and build stronger ties with the Singapore community. The inaugural EVD is scheduled to be held on Saturday, 12th December, 2020. Please contact lakshmanant@essec.edu if you would like to be part of the organizing team.

THE ESSEC RUN



The ESSEC Run is organized with the aim of promoting healthy living among the ESSEC and the one-north communities, and raise funds for our adopted charity. The inaugural ESSEC Run is scheduled to be held on Sunday, 7th March, 2021. Please contact lakshmanant@essec.edu if you would like to be part of the organizing team.

TEDx @ ESSEC ASIA PACIFIC



TEDx events are conferences with the goal of gathering 5 to 10 inspiring speakers sharing ideas worth spreading around one general theme. Each talk is recorded and uploaded on YouTube and TED platform for everyone to watch for free. Last year, students from ESSEC Initiatives successfully organized the first TEDx at ESSEC AP.

More at <http://www.essec.edu/en/news/essec-asia-pacific-hosts-its-first-edition-tedxessecasiapacific-step/>

The details of the next TEDx @ ESSEC Asia Pacific will depend on the approval by TED and this information will be communicated once available. Please contact ESSEC Initiatives or lakshmanant@essec.edu for more information, or if you would like to be part of the organizing team.